

MENU  
2019



# JOSEPH BANKS CAFE MENU

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## COLD DISPLAY SELECTION

*A Varied selection of cold food will be offered daily.*

*Assorted Fresh Sushi option of white and brown rice Salmon, Tuna Teriyaki Chicken, Katsu, Veggie Sushi - Sm Fr \$5.00 Large \$6.50 Salmon \$7.50*

*Fresh Chicken Caesar Salad From \$5.50*

*Greek salads \$5.50*

*Pasta salads/potato salads pesto salads fr \$4.00*

*Assorted Half Wraps from \$4.00*

*Yogurt and Granola Cups from \$3.00*

*Date & Coconut Healthy Bliss Balls from \$2.50*

*Jelly \$1.50*

**Vegan/Gluten Free options available  
PRE ORDERS WELCOME**

FRESH SANDWICHES/PANINI/WRAPS

BAGUETTE ROLLS ASS TOASTED SANDWICHES

Salad inc spinach grated carrot cucumber

Chicken Mayo Salad SW **\$4.50**

Leg Ham Salad Mayo SW **\$4.50**

Cheese Salad Mayo SW **\$4.50**

Baguette Rolls **\$5.50**

BLT Sandwich **\$5.00**

Plain Leg Ham SW **\$4.00**

Roast Beef/Relish Salad **\$5.00**

EXTRA FILLINGS

Beetroot **\$1.00** Egg **\$1.00**

Cheese **\$1.00** Bacon **\$1.50**

SELECTION OF SANDWICHES  
ROLLS AND SALADS AVAILABLE  
DAILY

WHITE/WHOLEMEAL/GRAIN  
BREAD AVAILABLE



## HOT DISPLAY SELECTION

A VARIED SELECTION OF HOT FOOD WILL BE OFFERED DAILY

Cheeseburgers with Salad **\$5.50** HALAL

Spicy Chicken & Salad Burgers **\$5.50** HALAL

Crumbed Chicken Burgers with Salad **\$5.50** HALAL

Hotdogs **\$4.00** Bacon egg Burger **\$5.50**

Sweet Chilli Chicken Wraps **\$5.00**

Chicken & Cheese Mayo Toasties **\$4.50**

Cheese Toasties \$3.00 Ham Cheese toasties **\$4.00**

Sweet Chilli Chicken Red Onion & Spinach Toasted  
Panini From **\$5.50**

Chicken Cheese & Light Mayo Toasted Panini **\$6.50**

SM **\$4.50** Mexican Panini Sm **\$5.00** Lge **\$7.50**

Chicken Schnitzel Aioli & Spinach Toasted Panini  
**\$7.50** Parmigiana Panini **\$7.50** SM **\$5.50**

BLT Panini **\$6.50** Bacon egg Panini **\$6.50** BBQ  
Sauce SM **\$5.00**

Garlic Bread **\$2.50** Mexican Burrito **\$5.50**

Bacon Egg Muffin **\$4.00** Garlic Aioli Cheesies **\$3.00**

Chicken Caesar Wraps **\$5.50**/Peri Peri Wrap **\$5.00**

Vegetarian Toasted Panini **\$7.50**

Assorted nuggets Fr **\$3.50- \$4.00** Kebabs Fr **\$5.50**

Pizza Assorted From **\$3.00** Potato Gem Bowls **\$3.50**

Oven Baked Potato Wedge Bowl From **\$4.00**

Spinach Ricotta Lasagna **\$5.00** Ravioli **\$5.50**

Thai Chicken Curry Rice **\$5.00** Cauliflower cheese  
**\$5.00** Mexican chicken rice **\$5.00** Mac n Cheese

Mild Chicken Curry Rice Sm **\$5.00** Lge **\$7.50**

Butter Chicken & Rice Sm **\$5.00** Lge **\$7.50**

Lasagne **\$5.00** Teriyaki Chicken Rice **\$5.00**

Homemade Pasta Bolognese **\$5.00** Large **\$6.50**

Potato Bake **\$4.50** Homemade Fried Rice **\$4.50**

Sweet Chilli Chicken Baguettes **From \$4.50-\$6.50**

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## Snack Foods/ Ice creams

- Assorted Muesli Bars **\$1.00**
- Veggie Chips **\$1.50** Veggie Sticks **\$1.00**
- Popcorn **\$1.00**
- Assorted Red Rock Deli Chips **\$2.50**
- Assorted Freshly Baked Cookies from **\$1.00**
- Assorted Sweet Muffins from **\$2.50**
- Apple/Crumble/Raspberry White Choc  
Choc Chunk/Double Choc
- Assorted Cakes & Slices from **\$2.00**
- Assorted Paddle Pops **\$2.00**
- Icy pole Twists \$2.00 / Choc Yowie **\$3.50**
- Light Bulla Ice Cream Cups **\$2.00**
- Icy Pole Sticks \$1.00 Twisted Yogurt Cup **\$2.50**
- Milo Cups **\$3.50** Cyclone Twists **\$2.50**

## Drinks Menu

- Brownes/Masters Flavoured Milks 600mL **\$3.50**
- Brownes/Masters Milks 300mL **\$2.00**
- Kyneton Sparkling Water Small **\$2.00** Lg **\$3.00**
- Assorted Flavours Lipton Ice Tea **\$3.50**
- Assorted Juice Boxes from **\$1.00**
- Waterfords Assorted Sparkling Waters **\$3.00**
- Orange Mango/Apple Berry/Tahitian Lime/  
Passionfruit
- Milo Boxes **\$2.00** / Oak Thick Shake **\$3.50**
- Golden Circle Assorted Juice bottles **\$3.00**
- Harvey Fresh Juices From **\$2.50**
- Up & Go **\$2.50** Lg **\$3.50**
- 600mL Water **\$2.00** Assorted Yogurts **\$2.50**

**EFTPOS/CREDIT CARD FACILITIES AVAILABLE**

## Pastry Items

HALAL OPTIONS AVAILABLE

- Good Eating Beef Cruiser Pies **\$4.00**
- Mrs Macs giant sausage Rolls **\$4.00**
- Quiche Lorraine **\$4.50**
- Hungry Man Sausage Rolls **\$5.00**
- Cheese & Spinach Rolls **\$5.00**
- Halal Sausage Rolls Pies **\$4.50** Halal pies **\$4.00**
- Angus Beef Pepper Steak Pies **\$5.00**
- Curry Pies **\$5.00** Chunky Steak Angus Pies **\$5.00**
- Beef n Cheese Pies **\$4.50**
- Veggie rolls **\$5.00** Corn Jacks **\$3.50**
- Nachos **\$4.00** Hotdogs **\$3.50**
- Daily meal deal options **\$6.50** with oven baked  
premium chips

**PRE ORDERS WELCOME**

